



# TRI 4 SCHOOLS

*SUPPORTING THE WELLBEING OF KIDS  
INSIDE & OUTSIDE THE CLASSROOM*

**2023**  
**impact report**



# OUR VISION

Did you know that the average physical education budget is less than \$100? Did you know teachers spend an average of \$700 of their own money to supply their classrooms with critical tools for students?

Tri 4 Schools is here to change that. Through grants, events, and afterschool programs, we're supporting kids inside and outside the classroom.

This year, we watched the resilience and confidence of over 1,500 kids soar as they crossed the finish line. Their hard work raised over \$38,000 for their schools.

Our events and programs are changing the lives of kids, families, and teachers in our community. I'm honored to share the 2023 annual report and thank you for your support.

Sincerely,

Amanda Marek-Carlson, Tri 4 Schools Director



1,500+  
participants



\$38,800  
donated



202 schools  
supported



\$30,000+ financial  
aid provided



The impact Tri 4 Schools has made on our school is immeasurable. Our kids love the program, learn valuable life lessons, and our department has received thousands of dollars to support our classes.

-Teacher & Training Team Coach



# THE FINISH LINE

Tri 4 Schools produces exceptional youth multisport events where every detail is meticulously crafted to deliver an unforgettable experience.

This year, 1,551 kids crossed the finish line as thousands of parents, guardians and loved ones watched on.

They earned more than just a medal. The kids learned that they can overcome any challenge. And raised thousands for their schools and classmates!



## THE SCHILLING'S STORY

Jodi is the mom of three participants with unique circumstances. Their story is incredible. Get your tissues ready and read below!

"Our foster daughter, Adrianna, has done three triathlons. Given all she has been through, these events show her resilience and give her a sense of pride and accomplishment that she can do hard things.

Nisha has global development delays. Tri 4 Schools allowed Nisha's true potential shine by allowing children of all abilities to participate. I wasn't sure if she would be able to handle the noises, the transitions, or the three physical tasks. But with the assistance of her sister, Anika, Nisha was determined to complete a triathlon and enjoyed every minute of it. After the event, she said "Mom, sign me up for the next event!." So she crossed the finish line again the next week!"

To see the determination and pride on his face as he did something new reminded me how important it is to challenge ourselves at any age.

*-Parent of a participant*



# MORE THAN EVENTS

The impact of Tri 4 Schools extends well beyond our events. Training Teams provided more than 500 kids with a 8-10 week wellness-based afterschool program.

These afterschool programs offer kids the opportunity to be active in a safe and fun environment while developing meaningful peer relationships, confidence, goal setting skills and how to work as a team.

We're committed to all kids, regardless of their circumstances. That's why we provided over \$30,000 in financial assistance, grants, scholarships, and equipment to ensure every child could participate. We even provided transportation to events and swim lessons!



306 children received or borrowed bikes to enjoy the freedom that biking offers



103 NEW pairs of shoes were donated to kids who did not have them



For the first time, T4S awarded two \$1,500 continuing education scholarships to T4S alumni



Awarded 7 grants to schools to fund health and wellness initiatives totaling over \$16,000.



Funded \$30,000+ in scholarships so economically disadvantaged kids could participate



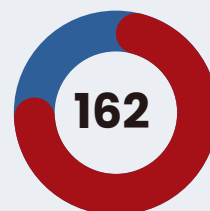
Donated 100 backpacks packed with fitness equipment to kids in need.

## MS. DEDO'S STORY

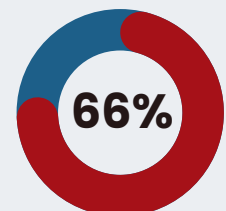
Amanda Dedo is a PE teacher at Sandburg Elementary. Here's what she had to say:

"Training Teams provide more than just an opportunity to complete a triathlon. It provides meaningful opportunities for social emotional growth, while engaging in a positive and supportive team atmosphere. The children look forward to playing with their friends, getting a chance to race each other on bikes, and splashing with each other in the pool.

Kids also become mentors to each other during the program. You'll hear them challenging each other to pedal a little faster and to run a little longer. Those positive relationships between students continue throughout the school year in classrooms, in the hallways and at recess."



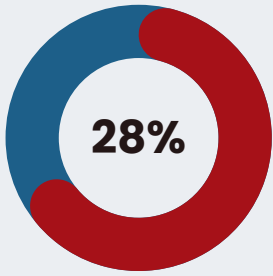
**Kids on Training Team Scholarships**



**12 of 18 schools are on Title I Funding**

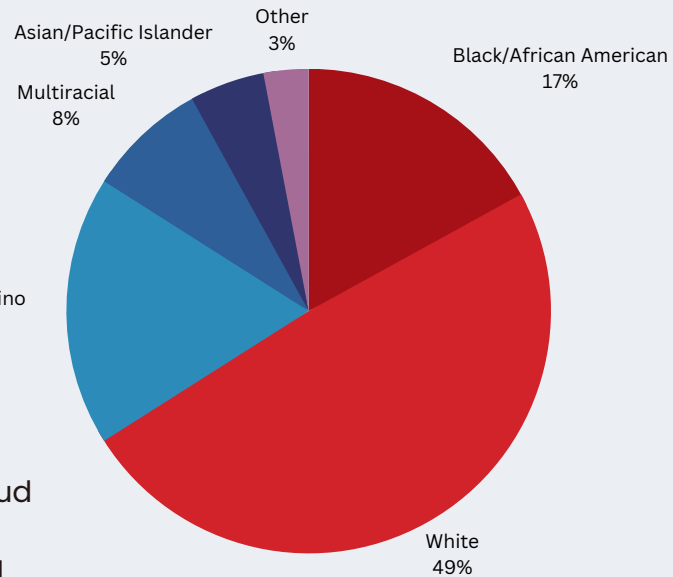


# DEMOGRAPHICS



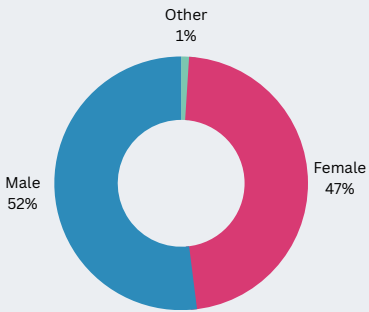
## Event Scholarships

28% of kids participated on scholarship. We still donated their entry fee back to their school!



## Gender

We create a safe, fair and fun environment for all kids. We are proud that our gender and ethnicity demographics closely mirror school district data.



# GRANTS 4 SCHOOLS

By providing grants to schools, we support the creation and improvement of health and wellness initiatives within the educational system.

Seven schools were awarded grants for projects that promote a positive relationship between physical activity, mental and emotional health. Some projects included winter gloves and hats so kids can play outside, gaga ball pits, a sensory room, and sports equipment.



## MR. PETERSON'S STORY

Jarrett Peterson is a teacher at Park Elementary. Park received a grant to build a gaga-ball pit. This has been his experience:

"Gaga ball is a fast-paced game that gets kids moving! Since building the pit, it's been the #1 game played by students. Kids are having fun and building friendships all while moving their bodies, which is really important to me as a teacher.

The impact of the gaga ball pit extends to our community too. I taught a summer camp and gaga ball was the kid's favorite activity. The teachers even had an opportunity to play at a recent professional development day! Tri 4 Schools is giving our students opportunities they wouldn't otherwise have."