

Madison Kids Bike + Run: Spectator Viewing Guide

What do I need to know about being a spectator at a kids' multisport event?

Positive, supportive spectators are key to help our athletes do their best on the day of the event. Athletes appreciate hearing cheers of support, and everyone benefits when spectators are aware of participants' safety.

Our athletes cover a lot of ground on race day – biking, running, and visiting Transition between each activity. As a spectator, you won't be able to keep up with the kids to see them each step of the way, so it is best to pick one or two key places that you would like to be able to see and cheer on your athlete.

Where should I go to view my athlete in action?

Here are a few locations you may consider visiting on race day:

- <u>Transition</u> One of the most action-packed locations during the race is Transition. By stationing yourself near the Transition area, you could see your athlete as they run into Transition to start their race and as they transition from bike to run. Note that parents are NOT allowed inside the Transition area (children ages 6 and under are allowed to have one adult helper in Transition; the adult helper should wait at the child's bike and should not be on the course with the child).
- <u>Bike Course</u> Our bike course uses paved paths within Warner Park and neighborhood streets in the neighborhood south of Warner Park. Athletes appreciate the extra boost of support while on the course, but be aware that it may take spectators a while to get to or from the course due to race traffic and road closures.
- <u>Run Course</u> The run course will be on sidewalks, paths, and in the fields in Warner Park. Any spectators
 watching along the Run course should be sure to stay out of the way of runners as you cheer on the athletes.
- <u>Finish Line</u> Athletes will cross the finish line to enter the Finish Zone. Spectators can reunite with their athlete in the Finish Zone to celebrate their success!

Anything else to remember on race day?

Since the race will be held rain or shine, be sure to dress for the weather. You may want to bring snacks or water, and definitely bring your patience and enthusiasm. Our volunteers (the friendly people in brightly-colored shirts!) can help with questions or concerns, and be sure to say a "thank you" to them as well, as they help ensure that all our kids have a safe and successful race day! Please remember that spectators or parents should not be on the course with the children.

THANK YOU to all spectators for supporting the kids as they achieve their goals and contribute to healthier schools!