



Athlete route represented with white arrows on the map above. All athletes run counter-clockwise around the track. Athletes are responsible for counting their own laps.

Long Course: Completes 4 laps before continuing to cross the Finish Line (approximately 1.2 miles).

Medium/Intermediate Course: Athletes complete 2 laps before continuing to cross the finish line (approximately 0.7 miles).

Short Course: Athletes run directly to the Finish Line (approximately 0.2 miles).

Only athletes are allowed on the track; spectators can reunite with their athlete as athletes leave the track area south of the Finish Line. Visit the Finish Zone for photo opportunities, sponsor tables, awards, and more!